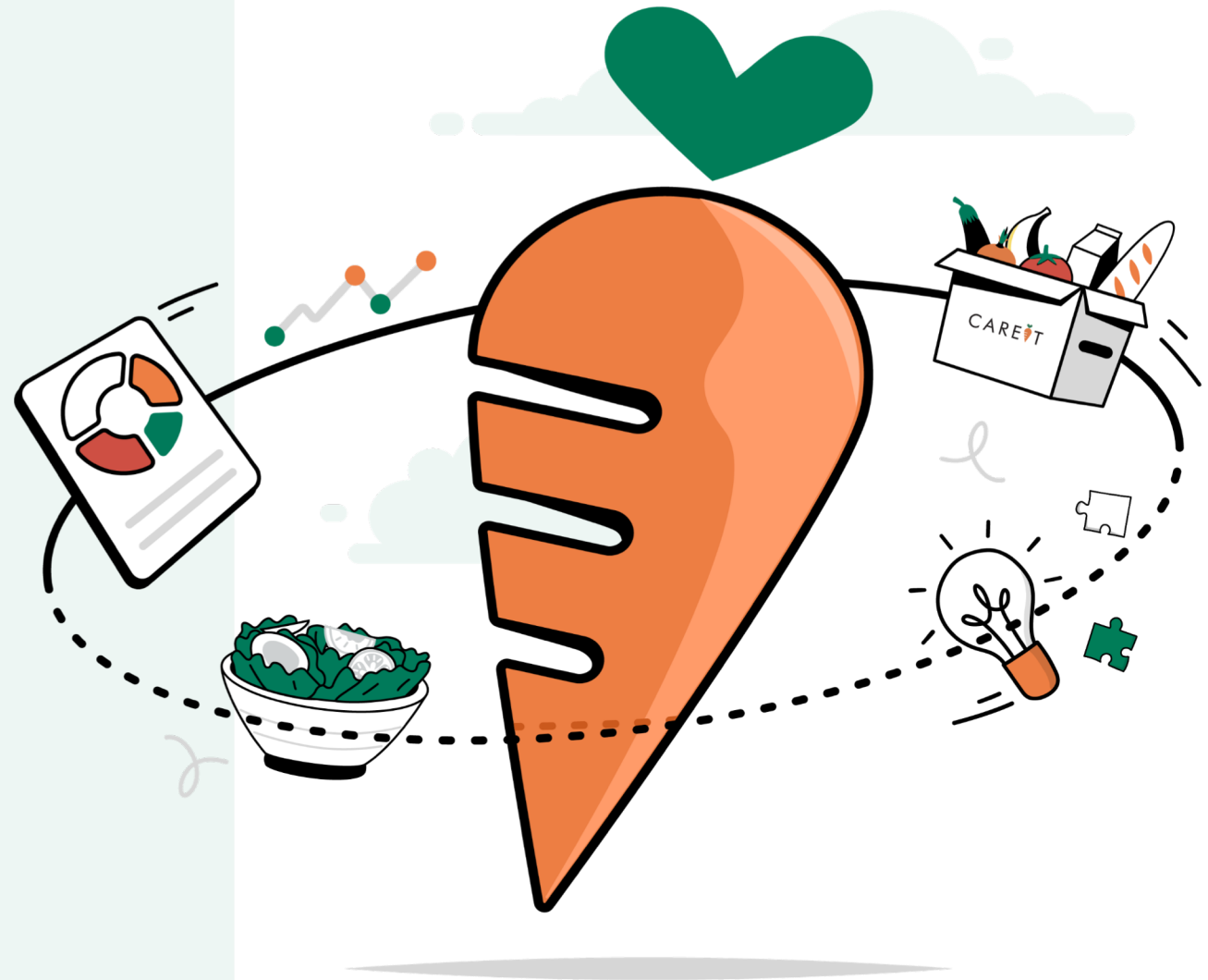




Food Donation Tracking

A guide for **you**





Food Rescue App

Careit serves as a digital solution that:

- Matches food donations from your business directly to nearby nonprofit organizations.
- Records all donation activities for compliance purposes.

Partner Management:

- Take charge of your partnerships by directly selecting which nonprofit organizations receive your donations.

The image displays two smartphone screens side-by-side, showing the CARET Food Rescue App interface. The background of the screens is a vibrant image of fresh carrots and green leafy vegetables.

Top Navigation: Two orange buttons are visible at the top: "Donate" (with a magnifying glass icon) and "Record" (with a calendar icon).

Left Screen: "New Donation" Form

- Title:** 1 Pallet of Pumpkins
- Description:** Pumpkins that are good for pies or festive decor. Call or chat in the app when you arrive
- Vehicle Size:** Three options are shown: "Car (20-200 lbs)", "Van (201-2000 lbs)", and "Truck (2000+ lbs)". The "Truck" option is selected.
- Food Types:** Five options are shown: "Dairy", "Produce" (selected), "Meat", "Prepared", and "Bakery".

Right Screen: "New Donation" Form

- Request pick up / I will deliver:** Two buttons. "Request pick up" is selected.
- Occurrence Type:** Two buttons: "One Time" (selected) and "Recurring".
- Donation Available Date:** Two date pickers. Both "Start Date" and "End Date" are set to 11/13/2025.
- Pickup Address:** A search bar with the text "8432 Hyde St, Belize City, Belize".
- Preferred Nonprofit (optional):** A dropdown menu with the text "Select a Nonprofit".



Liability Protection



Donors have been federally
protected from liability since 1996



**BILL EMERSON GOOD
SAMARITAN FOOD
DONATION ACT**



**FOOD DONATION
IMPROVEMENT ACT**



For more information and resources visit

<https://www.usda.gov/sites/default/files/documents/usda-good-samaritan-faqs.pdf>



Method 1

You have been invited to join your organization's account

1

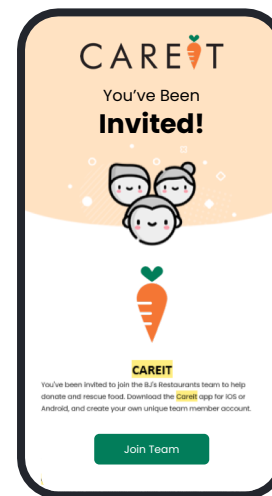
Careit sends an account invitation email to the site point-of-contact email address

If you can't find the email, just visit my.careit.com and click **Get Started** then **Team Member**

2

Select **Location Name** and select **Next**.

If there are no pending invites, your account may have already been created and you'll need to reset your password

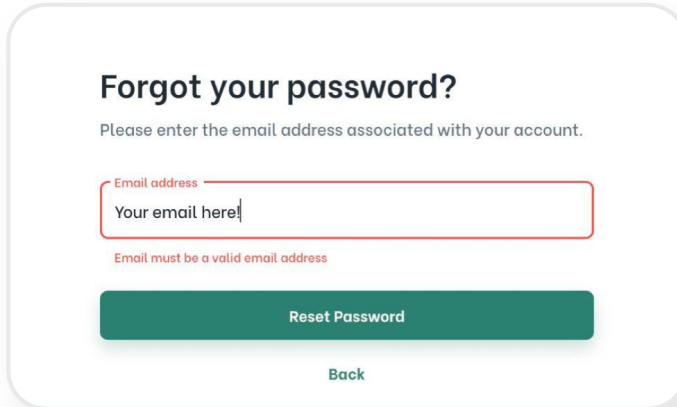


Team Invites

Twin's Supermarket

Next

Back



Forgot your password?
Please enter the email address associated with your account.

Email address
Your email here

Email must be a valid email address

Reset Password

Back

If someone previously created an account using your email address, you may need to reset your password.

- 1 Visit: my.careitapp.com/auth/reset-password or navigate to the log-in screen
- 2 Click or select **Forgot Password**
- 3 Type your email address & press **Reset Password**
- 4 Get the OTP (One-Time-Passcode) and enter that into the appropriate box on the password reset screen



Careit passwords must be at least 8 characters long and contain:



One uppercase letter



One lowercase letter



One number



One special character



Method 2

Create
new
location
account

1

Visit careit.com
and select **Sign Up**
in the top right corner

Or download the Careit App
and select **Create Account**

2

Select **Donate food or goods**
and fill in the information as
prompted. The first page is for
information about you, the
second page is for information
about your business.
**Contact Careit if you're alerted
a business with that address
already exists.**



Get started today

We'd love to know more about your organization.



I'm joining an existing organization
Team Member



My organization would like to
Rescue food or goods



My organization would like to
Donate food or goods



**You Can
Donate**



Dented cans or slightly crushed
or damaged boxes



Near or recently past
Best/Use/Sell-By Dates



All edible food, **including
prepared food**



Essential non-food
household supplies



**Do Not
Donate**



Spoiled or
contaminated food



Food stored outside
a safe temperature
range



Bulging cans or
unsealed bags



Potentially Hazardous Food/Temperature
Control for Safety (PHF/TCS) **and** has been
prepped or opened (i.e., liquid eggs) for
more than 7 days



PHF/TCS food not cooled to
41°F within 6 hours



*Chicken Alfredo
Contains:
Dairy, Nuts, Allium
Prepped: 01/02/26*

1

Label each donation bag/container with a small description of what the food is, list any allergens, and add the prepared on date/expiration/best by date, if applicable.

2

Do not directly mix different types of meats or foods in aluminum trays, quart containers, or plastic bags. For instance, rice must be packaged separately from steamed carrots.

3

Keep uncooked meats in **separate containers**.

4

PHF/TCS food must cool to 70°F within 2 hours and then to 41°F within 4 hours.



Responsible storage of donations helps ensure that donatable items do not get mixed back in with foods meant for regular operations.

Refrigeration

Store prepared food in a refrigerator if it will be picked up within 2 days. For longer storage, freeze the food.

Dedicated Space

Clearly label a specific area in the shelves, walk-in cooler, or freezer for donation items.

Freezer Storage

Place all Potentially Hazardous Foods (PHF) or Time/Temperature Control for Safety (TCS) foods in the freezer.

Exceptions include: eggs, dairy products, fried foods, and produce.

Temperature Control

Ensure donations remain at the correct temperature until the donation driver arrives.

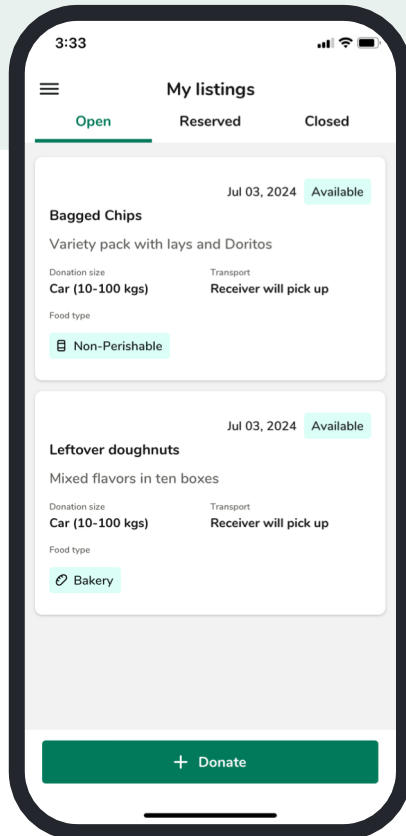
This means:

- Refrigerated items at 41°F (5°C) or below.
- Frozen items at 0°F (-18°C) or below.

Posting a Donation

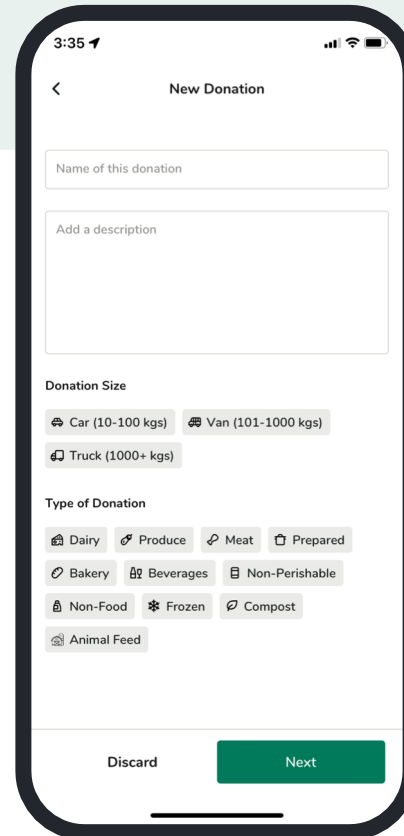
1

In the Careit app, select **Donate**



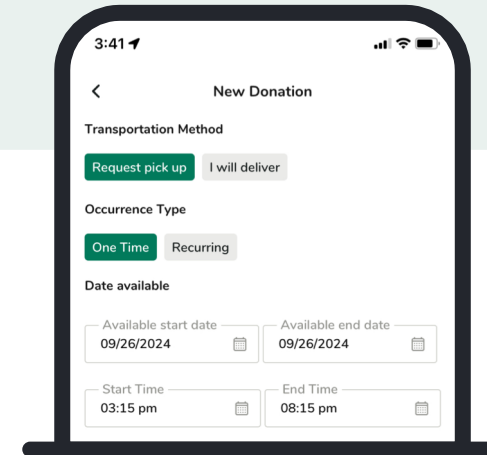
2

Fill in the form fields.
Use an appetizing title!



3

Finalize your donation details



Transportation Method:

Request pick up or offer to Self-deliver if you can

Occurrence Type:

One Time or upgrade for recurring

Date Available:

Post next day dates or give at least a 5 hour window



Posting a Donation (continued)

4

Location & Nonprofit

3:41

New Donation

Transportation Method

Request pick up I will deliver

Occurrence Type

One Time Recurring

Date available

Available start date 09/26/2024

Available end date 09/26/2024

Start Time 03:15 pm

End Time 08:15 pm

Pickup Location:

Your account address is pre-filled.

OPTIONAL - Non-profit Assignment:

Do not choose a nonprofit unless they have already agreed to reserve your food donation on Careit.

5

Upload a photo and post!

Photos

You can upload up to 6 photos

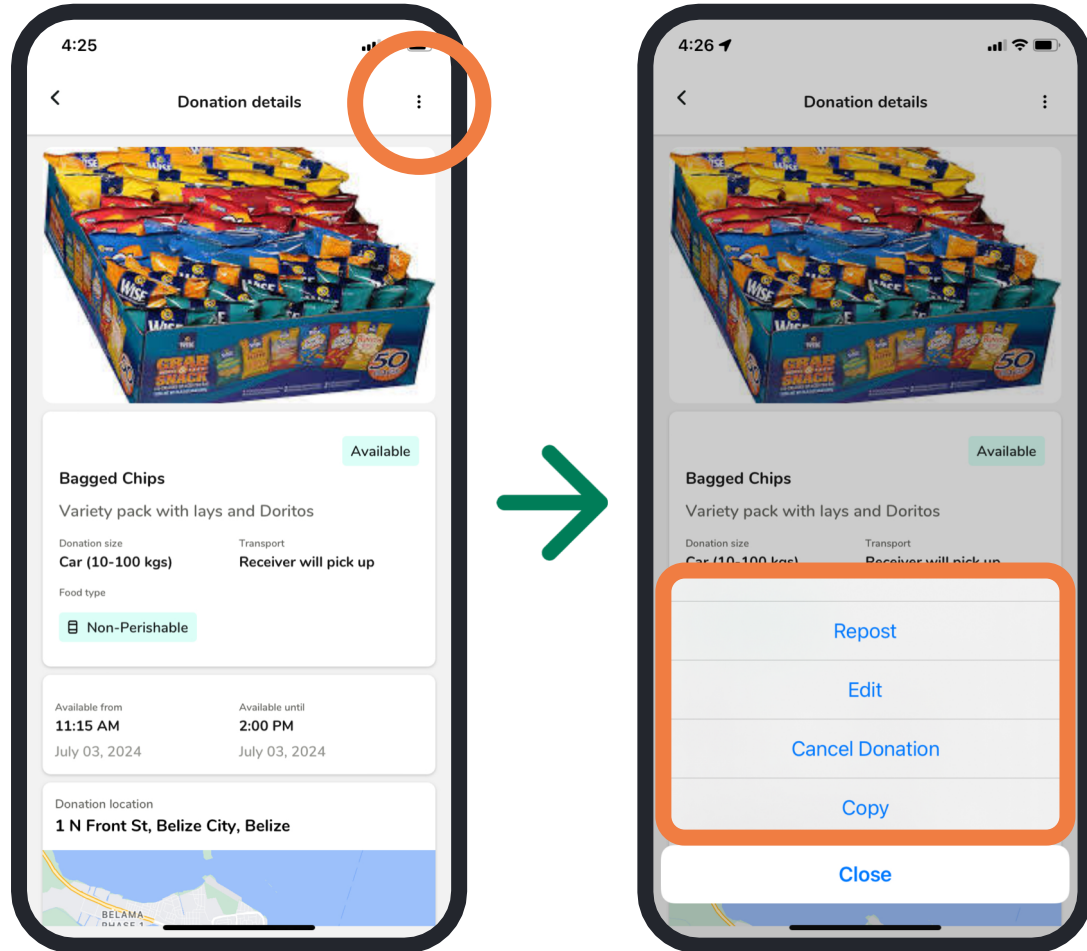
Back Post

Before Posting:

- Please upload a photo of the actual food you are donating.
- Select an image that clearly displays the food itself, rather than just its packaging



Editing a Donation



Repost:

If a nonprofit **doesn't respond** after reserving your donation, use the **Repost** option to make it available again.

Edit:

You can **update** your posted donation if you need to change the **pickup time** or **items**.

Cancel Donation:

Selecting **Cancel Donation** will **completely remove** your donation from Careit.

Copy:

Use the **Copy** feature if you want to **quickly create** a new donation using details from a previous one as a template.

Where is the food going?

Careit collaborates with local 501(c)(3) Nonprofits such as

- Soup kitchens
- Shelters
- Food pantries
- Elderly housing complexes
- Families in need
- And many more community support initiatives

Key facts:

- One in ten Americans faces food insecurity
- Nonprofit locations are typically within a 30-mile radius of businesses to ensure food safety during transport



Have a
favorite
nonprofit?

Tell Careit about them! We're always looking to grow our network and would be thrilled to invite them to join the Careit community.



Community Compatibility:

Donations are reserved according to the specific requirements of recipients.

Quality Matters:

Treat surplus food as if you were preparing it for your loved ones.



Stay Compliant:

Maintain detailed records of all donations, even those not claimed, to accurately track your progress.

Capacity Awareness:

Understand that not every donation will be accepted; nonprofits have varying capacities. Reach out to Careit for guidance when in doubt.



As a small nonprofit, Careit really helps me to streamline our process, and easily track food weights and impact to feed more hungry people.

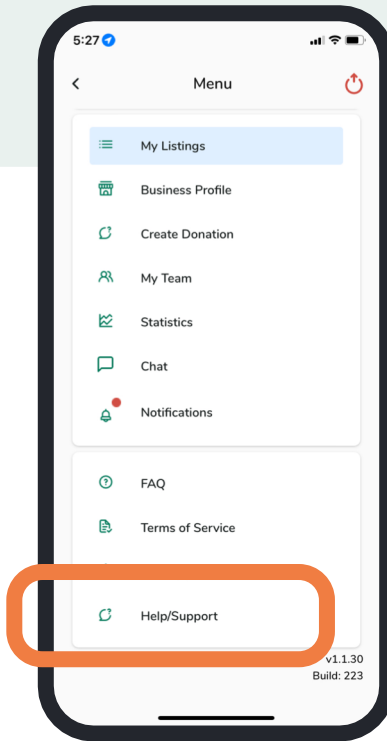
Michael Longshore Director, Entouch
Betterment Foundation

Need Help? Contact Us!



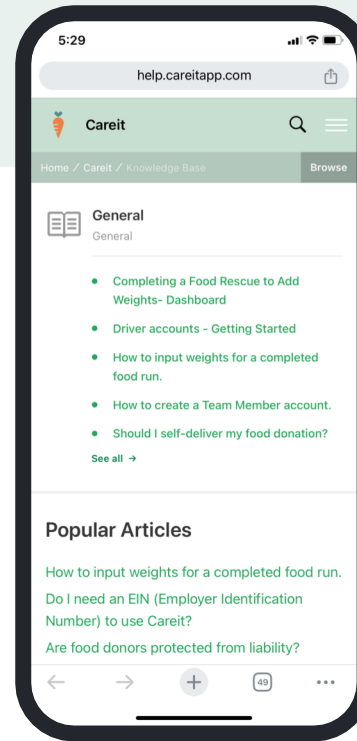
1

From the side menu select Help/Support.



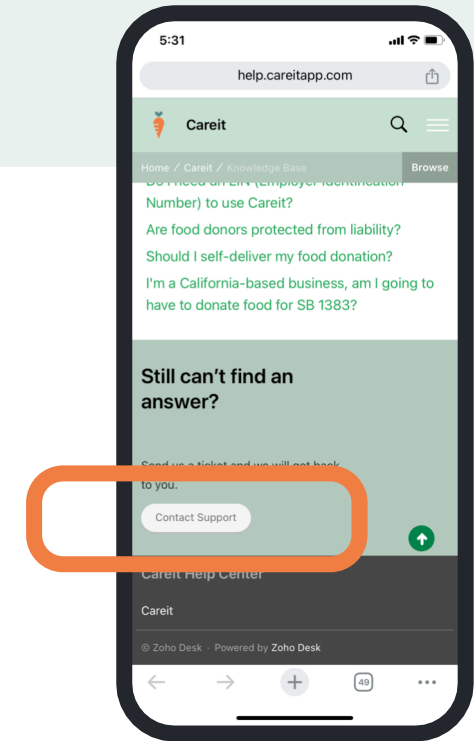
2

Browse general questions & how-to articles



3

Submit a ticket if you can't find the answer you're looking for.



Live Support is available **Monday to Friday from 9AM to 5PM**, Pacific Standard Time

Log-in Email:

Password:



Using
Careit

Timing: Post your donation at least five hours before it needs to be picked up, store overnight for a morning pickup window, if possible.

Listing Details: Use a descriptive title for your donation; include food type, quality, quantity, and pickup information.

Partner Selection: Only assign a nonprofit partner if they've previously agreed to take the donation.

Reposting: If the partner doesn't show up, use the "Repost" feature to make the donation available again.

Support: For additional help, navigate to the Support menu to contact Careit.



Donation
Guidelines

Edible Food: Donate all food that is at safe temperatures and not spoiled. Freshness is good but not mandatory.

Expiration Dates: Items with approaching or slightly expired Best-By Dates are still donatable.

Packaging and Labeling: Separate, store, and label donations clearly, noting allergens and dates on prepared foods.

Download
Careit



Print This
Page



What to Donate?

You're Protected



Food donors have been protected since 1996. The [Food Donation Improvement Act](#) and the [Bill Emerson Good Samaritan Food Donation Act](#) encourage good-faith donations of food to individuals in need without liability.

<https://www.usda.gov/sites/default/files/documents/usda-good-samaritan-faqs.pdf>

Food Safety is Key

- Do not directly mix different types of meats or foods in aluminum trays, quart containers, or plastic bags. For instance, rice must be packaged separately from steamed carrots.
- PHF/TCS food must cool to 70°F within 2 hours and then to 41°F within 4 hours.



Print Me!

Produce:

- Any type of fresh whole fruit or vegetable (packaged or loose)
- Whole (uncut, unpeeled) fruit and vegetables do not require temperature control



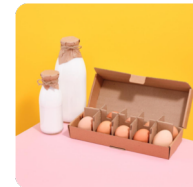
Meat & Seafood:

- Must be USDA approved. Fresh meat and seafood must be maintained at 41°F or below. Frozen products at 0°F or below.
- Required packaging: Foods must be in their intact, original packaging.
- Transport in a separate container to avoid cross contamination.



Dairy & Eggs:

- Commercially packaged milk, cheese, yogurt, ice cream, eggs and egg products.
- Dairy products must be maintained at a temperature of 41°F or below.
- Must be in their intact, original packaging.



Non Perishables:

- Commercially canned, boxed, and otherwise packaged foods.
- Dented cans or slightly crushed or damaged boxes are ok. Bulging cans or unsealed bags should not be donated.



Prepared Foods:

- Prepared food that has been properly chilled to 41 °F or below or frozen, and has not been previously served may be safely donated.
- Required packaging: Secure, sealed, food grade packaging (e.g. sandwiches wrapped in plastic wrap or foil.)
- Maximum time hot foods can be out of temperature controlled environment is 2 hours.
- Label bulk prepared donations with any allergens and preparation date.
- Keep different meat types in separate containers.



Frozen Foods:

- Commercially packaged frozen food such as peas, berries, ravioli, waffles, etc.
- Frozen products must be maintained at a temperature of 0 °F or below at all times, including during transportation.
- Must be in their intact, original packaging.



Baked Goods:

- Items from commercial sources that have not been previously served to the public.
- Most bakery items do not require temperature control, unless they are filled with perishable components such as cream or meat.



Thank You!

Scan QR Code to Download
the **Careit App**

Any questions?
Feel free to reach out!



1-833-366-3365



Hello@Careit.com

